

Very Rev. Lane K. Akiona, ss.cc.  
*Pastor*  
Rev. Michael Kamaouha ss.cc.  
*Parochial Vicar*  
Deacon Keith Cabiles  
Anne Harpham  
*Pastoral associate*

# St. Augustine Church by-the-sea

## Sunday Liturgy

5 p.m. Saturday  
6, 8, 10 a.m. and 5 p.m. Sunday

## Weekday Liturgy

### **Monday**

6:30 a.m. Liturgy of the Hours  
7 a.m. Communion Prayer Service

### **Wednesday-Saturday**

6:30 a.m. Liturgy of the Hours  
7 a.m. Mass

### **Friday:**

5 p.m. Mass  
5:30 p.m. Stations of the Cross  
7 p.m. Stations of the Cross (Tongan)



*You have made us for yourself,  
Lord, and our hearts are restless  
until they rest in you*

*-- St. Augustine of Hippo*



"But I say to you,  
love your enemies  
and pray for those  
who persecute you."

Matthew 5:44



*With the servant leadership  
of the Congregation of the Sacred Hearts of Jesus  
and Mary since 1854*

[www.staugustinebythesea.com](http://www.staugustinebythesea.com)



**St. Augustine by-the-sea Parish**  
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Parish secretary: Bev Tavake  
Pastoral Council Chair: Theresa  
Kong Kee  
Finance Council chair: Lei Palakiko  
Stewardship Council chair: Deacon  
Keith Cabiles

Office hours

Monday, Wednesday, Friday 8 a.m.  
to noon.

Sacraments

Reconciliation: 6:30-6:45 a.m.  
Wednesday, 3-3:45 p.m. Saturday.  
Baptism: Call the parish office for  
information.  
Marriage: Email staugustineweddingco-  
ordinator@gmail.com before making  
arrangements.  
Confirmation: Call the parish office  
for information.  
Funerals: Call the parish office when  
finalizing services with the mortuary.

Religious education

Contact the parish office to enroll  
your child in religious education clas-  
ses or to inquire about the Rite of  
Christian Initiation for Adults.

Aunty Carmen's Kitchen

Hot meals are served between 11 a.m.  
and noon Monday to Friday.

To register

Call the parish office to register and  
to sign up for envelopes

Bulletin deadline

Material to be considered in the bul-  
letin must be submitted to the parish  
office by noon on the Monday before  
the Sunday of publication.

**MAKE YOUR DONATION**

**ONLINE:** Did you forget your offer-  
ing at home? We have a solution to  
fix that once and for all. Use our  
Online Giving program! Go to our  
web site [staugustinebythesea.org](http://staugustinebythesea.org) and  
click on Donate. Need help? Call us  
at 808 923-7024.

**This week at St. Augustine**

**Sunday, Feb. 19—Seventh Sunday in Ordinary Time**

Liturgical color: Green

6 a.m. Mass—R/S Donato Santos  
8 a.m. Mass—R/S Jerry and Fabian Galang  
10 a.m. Mass—S/I Kong Kee Family  
5 p.m. Mass

**Monday, Feb. 20**

**PARISH OFFICE AND AUNTY CARMEN'S KITCHEN CLOSED**

*Presidents Day*

Liturgical color: Green

6:30 a.m. Liturgy of the Hours  
7 a.m. Mass  
5 p.m. Eucharistic Minister training

**Tuesday, Feb. 21—St. Peter Damian, Bishop and Doctor of the Church**

Liturgical color: Green/White

9-10:30 a.m. Rosary making, Annex Bldg.  
6 p.m. Mardi Gras party

**Wednesday, Feb. 22—Ash Wednesday**

*Day of fast and abstinence*

Liturgical color: Violet

6:30 a.m. Liturgy of the Hours  
7 a.m. Mass  
5 p.m. Mass  
7:30 p.m. Tongan Choir, Annex Bldg.

**Thursday, Feb. 23—Thursday after Ash Wednesday, St. Polycarp**

Liturgical color: Violet

6:30 a.m. Liturgy of the Hours  
7 a.m. Mass  
4-7 p.m. Services for homeless: Revive & Refresh Mobile Hygiene  
Center, Hawaii Home Project-Hawaii Medical Corps, affiliate of the  
John A. Burns Medical School

**Friday, Feb. 24—Friday after Ash Wednesday**

*Day of abstinence*

Liturgical color: Violet

6:30 a.m. Liturgy of the Hours  
7 a.m. Mass—R/S John & Kathleen Bero  
5 p.m. Mass  
5:30 p.m. Stations of the Cross  
7 p.m. Stations of the Cross (Tongan)

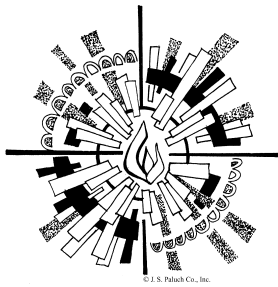
**Saturday, Feb. 25—Saturday after Ash Wednesday**

Liturgical color: Violet

6:30 a.m. Liturgy of the Hours  
7 a.m. Mass—R/S Hilbert Young  
Church cleaning: Altar Rosary Society and Knights of Columbus  
5 p.m. Mass—S/I Doreen Vietor

**FOR WEEKDAY MASSES, ENTRANCE TO THE CHURCH IS  
THROUGH THE BROWN GATE IN THE PARKING LOT ONLY**

Sunday liturgy is live-streamed at 5 p.m. Saturdays at  
[facebook.com/StAugustineHawaii](https://facebook.com/StAugustineHawaii). The Mass will be uploaded to  
YouTube at 8 a.m. Sundays.



## Breaking Open the Word 7th Sunday in Ordinary Time

Today's readings reflect on our communal identity as disciples.

Before we begin Lent together in a few days, we take time to appreciate what God has done by giving us our family of faith.

In Leviticus, God tells Moses to "speak to the whole Israelite community" and give them instructions for living in love. Moses passes along the message—to each and every believer—that God's people must strive together for holiness.

Saint Paul echoes this message, insisting that we are indeed God's holy children. As temples of the Spirit, we belong to Christ and to one another. This mutual belonging is a blessing and a challenge.

In Matthew's Gospel, Jesus sets a high bar for Christian community: his followers must love not only those who are easy to love, but also the people who upset us. Together, let us ask God to give us this kind of love.

### Sunday Readings

**First Reading** — Take no revenge and cherish no grudge; love your neighbor as yourself. (Leviticus 19:1-2, 17-18).

**Psalm** — Our God shows mercy and graciousness (Psalm 103).

**Second Reading** — You are the temple of God, and holy (1 Corinthians 3:16-23).

**Gospel** — Offer no resistance; love your enemies (Matthew 5:38-48).

### Weekday Readings

Monday: Sir 1:1-10; Ps 93:1-2, 5; Mk 9:14-29

Tuesday: Sir 2:1-11; Ps 37:3-4, 18-19, 27-28, 39-40; Mk 9:30-37

Wednesday: Jl 2:12-18; Ps 51:3-6ab, 12-14, 17; 2 Cor 5:20 — 6:2; Mt 6:1-6, 16-18

Thursday: Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25

Friday: Is 58:1-9a; Ps 51:3-6ab, 18-19; Mt 9:14-15

Saturday: Is 58:9b-14; Ps 86:1-6; Lk 5:27-32

### Next Sunday's Readings

Gn 2:7-9; 3:1-7; Ps 51:3-6, 12-13, 17; Rom 5:12-19; Mt 4:1-11

## DAILY PRAYER

In the first part of this week we see Jesus healing and teaching his disciples about the challenges of following him.

In these few days before Lent begins, we can begin to prepare our hearts by asking ourselves how we want Lent to be different this year. What do we want to ask the Lord to give us - and more importantly, we can ask what the Lord wants for us this Lent. What gift of generosity, love or attention can we share with others in the weeks ahead? How can we focus on the Lenten season and ask that our hearts be opened to what is real - not to the externals that distract us so much. How will I be with my family and friends this Lent? What will I do that sets this season apart from my normal routines? How can I name, anticipate and feel the gifts the Lord showers on me with such love in the weeks ahead?



And every morning, we can begin by asking God to help us receive these gifts with open hearts. We can carry that focus with us throughout the day, remembering in the quiet moments what we are asking for. Always, we end our day simply, thanking God for the love and gifts of the day.

These 40 days of Lent are a gift to us. We are not trying to save ourselves by our Lenten practices. God has already saved us. We are only trying to let God get our attention and to give grace a chance to work in us.

These days are critically important for choosing to establish some Lenten patterns. Depending upon our age or health, we will want to do some fasting and abstinence, in regard to food. But, each of us can choose what else we can fast and abstain from during Lent. What practices of mine get in the way of my being open to hearing God's Word and responding freely? That's what needs transforming. Giving up needing to be right, fasting from my impatience, totally abstaining from escapist fantasies will open our hearts to God's grace. None of that takes extra time. It just takes desire. Adding new acts of kindness, gratitude and love each day for family and friends will open our hearts to the greater acts of charity and generosity for the poor.

Finally, Lent is the perfect time to choose to grow in gratitude. Every night, let us be faithful to giving thanks to the Lord who has given us so many blessings and offers us new graces each and every day.

*Creighton University Online Ministries*

### CHARITY

"The church cannot neglect the service of charity any more than she can neglect the sacraments and the Word." **Pope Benedict XVI**

### A/C project at 73% of goal

Our A/C fundraising project is at 73 percent of our goal with \$146,433 raised. To help us, designate your gift for the A/C Project. Mahalo to all who have given.

# LENT

Lent begins on Wednesday, Feb. 22. Ash Wednesday masses will be at 7 a.m. and 5 p.m. with distribution of ashes at the end of Mass.

During Lent, weekday liturgies are: Communion Prayer Service 7 a.m. Mondays, Mass 7 a.m. Tuesdays through Saturdays. There will be a Mass at 5 p.m. Fridays followed by Stations of the Cross at 5:30 p.m. with Stations of the Cross in Tongan at 7 p.m.

## Diocese of Honolulu 2023 Lenten Regulations

### FASTING

- In the dioceses in the United States, Catholics aged 18 through 59 are bound to fast on both Ash Wednesday (February 22, 2023) and Good Friday (April 7, 2023).
- To fast means to consume one full meal a day at most, although taking of other, smaller quantities of food at the other customary mealtimes is permitted. Food and drink between meals (excepting water and medicine) is not permitted on days of fasting.

### ABSTINENCE FROM MEAT

- Catholics aged 14 and up are to abstain from meat on Ash Wednesday, all Fridays of Lent, and Good Friday.
- To abstain means refraining from eating beef, veal, pork, or poultry at least, although eggs and milk products are acceptable. The consumption of fish and shellfish is permitted, though the penitential character of the abstinence should be kept in mind.

### EASTER DUTY

- All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year. This precept is to be fulfilled during the Easter Season unless it is fulfilled, for a just cause, at some other time during the year. This period is extended to include all the weeks of Lent and the Easter Season up to Trinity Sunday (June 4, 2023).

### LENTEN PRACTICES

- The faithful are encouraged during Lent to attend daily Mass, receive Holy Communion, participate in penance services, and receive sacramental absolution; to take part in public and private exercises of piety, give generously to works of religion and charity, perform acts of kindness toward the sick, aged, and the poor; to practice voluntary self-denial, especially regarding food, drink, and worldly amusements; and to pray more fervently, particularly for the intentions of the Holy Father.

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## Remembered in prayer

The parishioners of St. Augustine will be remembered in the prayers and the works of the Sisters of the Sacred Hearts at Regina Pacis Convent **March 5-11, 2023**. If you have intentions you would like the Sisters to remember, please let them know by phone, mail or email.

**Regina Pacis Community, 1120 Fifth Ave., Honolulu HI 96816-5828; Tel: 737-5822; Email: reginasscc@cs.com**

Their chapel is open daily from 7 a.m. to 5 p.m. to anyone who wishes to spend some time in prayer. The Sisters also invite you to join in their Perpetual Adoration at home by uniting yourself with the Sister at adoration in their chapel.

## Eucharistic minister training

There will be training for new Eucharistic ministers at 5 p.m. Monday, Feb. 20, in the church. Please call the parish office if you are interested in attending. All lay ministers must be active, registered members of the parish.

## Mardi Gras party Feb. 21

Celebrate Mardi Gras with us on **Tuesday, February 21** at 6 p.m. in the Damien Room Come and join us for fun, food and fellowship. Tickets will be sold after Mass. The tickets are \$5 apiece.

## CRS Lenten Rice Bowl

*From the Office for Social Ministry*

Rice Bowl is the Lenten program of Catholic Relief Services, which is the official relief and development agency of the U.S. Conference of Catholic Bishops. The CRS Rice Bowl program is an opportunity to experience and understand how the journey and encounter with Christ through the traditional Lenten practices can connect with and impact our sisters and brothers in need here and around the world.

Since its inception in 1975, the CRS Rice Bowl program has raised more than \$320 million to help prevent hunger and poverty in more than 100 countries each year. Twenty-five percent of Rice Bowl donations raised locally stays in the Islands, supporting social ministry projects in the Diocese of Honolulu statewide initiative, "One Ohana: Food and Housing for All." This initiative supports projects that engage parishioners in a broad range of outreach ministries, which include parish food pantries and community gardens, transitional and affordable housing for homeless families, legal and social services for migrants and refugees fleeing violence.

For more information on CRS Rice Bowl program please visit [www.crsricebowl.org](http://www.crsricebowl.org) For more on the Diocese of Honolulu statewide initiative One Ohana: Food and Housing for All, go to the OSM website [www.officeforsocialministry.org](http://www.officeforsocialministry.org). Rice Bowls will be available at the church entrances.



**Tuesday, February 28, 2023 at 7:00 p.m.**  
**Co-Cathedral of St. Theresa, Honolulu**

Join the Mass for the 40 Days for Life that supports the 40-Days for Life Winter Campaign with Bishop Larry Silva. All are encouraged to attend; no pre-registration is required. Learn more about 40 Day for Life at [www.40daysforlife.com](http://www.40daysforlife.com).



# **DIOCESE OF HONOLULU**

## **LITURGY OF THE WORD:**

### **THE STRUCTURE OF THE LITURGY OF THE WORD**



## **HOW READINGS ARE CHOSEN**

Unlike other venues, the readings used for Mass are not chosen at random. In fact, as a general rule, they are not chosen by any one person, but rather are chosen for the whole Church. By this, we mean that the readings you hear each Sunday are being read in the church in the next town, the next state, and even Catholic churches on the other side of the world.

The word “Catholic,” comes from the Greek word meaning, “universal,” and one of our greatest expressions of that universal aspect of our Church is how no matter where you go, the liturgy will still be the same. Whether here in Hawaii, Washington DC, London, Rome, or even Antarctica, the prayers, the structure, and even the readings will be the same. The only difference would be the language that they use. Our readings, and indeed all the prayers at Mass, are chosen for the entire Church, and follow a perfect and inspired formula.

### **The First Reading**

The first reading is taken either from the Old Testament or, during the Easter Season, the Acts of the Apostles in the New Testament. The first reading lays the foundation for the whole Liturgy of the Word, often connecting to the Gospel to be proclaimed at that Mass by means of foreshadowing either the event of that day’s Gospel or the message behind it. It is often either the telling of a historical event or a prophecy.

### **The Responsorial Psalm**

Taken from the book of Psalms, this acts as a kind of praise in which the people take part. It is a reading from scripture, but it is also a dialogue between psalmist and congregation which focuses on praising God. The psalms would have been something Jesus and the Apostles prayed, and so taking part in the response, either sung or recited, connects us to them and to 2000 years of worshippers praising God in the same way.

### **The Second Reading**

Sometimes called the Epistle, the second reading is taken from one of the letters the New Testament written by the Apostles. This reading, addressed by the Apostles, often St. Paul, speaks to us as it did the early Church to whom those letters were first addressed. Our reading from them relates to the fact that the early Church and our Catholic Church today are the same Church, and that the message of these letters is as relevant to us today as it was to those early Christians.

### **The Gospel**

Once we have announced the Gospel with the Alleluia, the deacon, or in his absence, the priest, proclaims the Gospel, the very words and actions of our God and Lord, Jesus Christ. We revere the Gospel so much that we stand during its proclamation, like a soldier at attention in the presence of their Commander-in-Chief. As these are the very words of God spoken by His own lips, we bring all our focus to these words, for they are the peak and height of the Liturgy of the Word. It is the climax of our proclamation.

### **The Homily**

If the Gospel is the peak of the Liturgy of the Word, then the homily is the descending from the mountain. The homily is the priest taking the established word of God and expressing to us how it continues to speak to us today, even with the cultural differences and lifetimes of history that have taken place.

### **The Profession of Faith**

The Creed, which the lay faithful recite with the priest, is our symbolic response to having heard the Word of God. In response to the teaching of God found in scripture, we acclaim: “I believe!”

### **The Universal Prayer or Prayer of the Faithful**

The Word of God always focusses us on our mission, and so we conclude the Liturgy of the Word by offering prayers and petitions for the Church, the world, and all the needs of our community.

**Sixth in a continuing series on the Mass from the Diocese of Honolulu.**